

Long Acting Reversible Contraception Clinic

"more effective, more convenient"

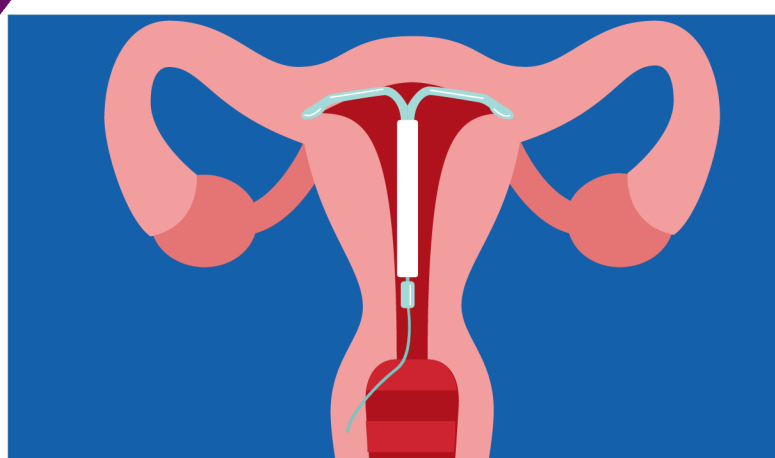
**Do you need your contraceptive coil
or implant fitted or removed?
LARC clinics are available for Tower
Hamlets patients, aged 18+, every
Saturday at a surgery near you.**



What people say about our service

"I was anxious and panicky. The LARC nurse reassured me the entire time and remained calm, which in turn helped me feel more at ease."

"Thank you for being so kind, supportive, and reassuring, all while remaining professional."



IUD / IUS (99% effective)

- T-shaped plastic device inserted into the womb
- IUS releases the hormone progestin
- IUD releases copper to prevent pregnancy
- Lasts for three to 10 years depending on the device
- Natural fertility will return after removed at any time.



Implant (99% effective)

- A small flexible plastic rod that's placed under the skin
- It releases the hormone progestin in blood to prevent pregnancy
- Last for three years
- Natural fertility will return after removed at any time.

Scan the QR code for the Self-Referral Form



For more information email:
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